



ANNEA WORKS - HEILWERKSTÄTTE

THE DREAM OF AWAKENING

Let it be!

Nothing to be done, nothing to be changed, nothing to be added, nothing to be taken away in order to be, what you really are. Your true nature has not gone away somehow, it is always there: still, immutable and true. Unchanged by all the appearances in itself. You cannot become this ONE supreme being, you are IT.

Let's describe it with the words of the COURSE IN MIRACLES: There seems to be a dream IT dreams, where IT believes itself to be "someone", apart from all "others". This is called the "Dream of Fear". In this dream there seems to be a "Me" and a "You", the sense of an identification with a single "being", a "person" with a free will, alone in the world, bound to the fight for survival.

Within the dream scenario it seems that this "Dream of Fear" can be changed into a "Dream of Forgiveness". With a change of focus to new thoughts of truth; which means to thoughts that hint at or mirror the eternal, true nature of all beings, which is called LOVE & LIGHT, the perception of the person changes. It seems as if the ego-mind (person identified mind) "thins out", more and more inner peace can take place. It seems, as if the person can "understand & do" something about "reaching" an inner state of love-consciousness and at last "wake up" up completely.

But all of this is a dream. Everything, the fear, the changing, all emotions and thoughts and happenings, even the ego-thinning-out is part of the dream. When "waking up" happens it is seen, that there is no person, never has been. There never was a person with a free will, who could decide and do something. All is ONE. Everything appears and disappears in that ONE, just being there.

So, if you ask from the "dreampoint" of view what to do, the most intelligent thing is to change your focus and your perception in direction of the true nature

of your Self. Remind yourself of that. Practice being in the moment. Practice being in agreement, in alignment with what is.

Let everything be, including yourself. Stop trying to make things go away, stop trying to control Life. Let IT be. Let IT enfold. Let life live itself through you. Do not try to understand, your mind cannot grasp it. Live with the paradoxons, let them also be there.

In truth nothing you “do” will bring you anywhere, because “you” are not existent. “You” are – now & here – the ONE SUPREME BEING, the unnamable, the life force. There is nothing else.

Let life be – it goes by itself

Let it be